St Benedict's Parish



PARISH MASS TIMES

Weekends:

Saturday 7:00pm Vigil Sunday 9:00am Sunday 10:30am



Mondays to Thursdays 9:30am

Fridays 6:30pm Adoration 7:00pm Mass & Confession (Reconciliation)

Saturdays 9:00am to 10:00am Adoration & Confession (Reconciliation)

MONASTERY CHAPEL Masses

Sundays 7:00am Daily 7:00am

Please contact Father Shansana for the following:

BAPTISMS RECONCILIATION FOR THE SICK MARRIAGES FUNERALS

Fr Shansana: 0437 884 233





12TH SUNDAY IN ORDINARY TIME

YEAR B

22 & 23 JUNE 2024

ENTRANCE ANTIPHON

The Lord is the strength of his people, a saving refuge for the one he has anointed. Save your people, Lord, and bless your heritage, and govern them for ever.

SUNDAY HOLY MASS PRAYER

Grant, O Lord, that we may always revere and love your holy name, for you never deprive of your guidance those you set firm n the foundation of your love. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. Amen.

SELF REFLECTION - FAITH

This Sunday's Gospel, Mark 4:35-41, Jesus said: "Why are you so frightened? How is it that you have no faith?"

Reflect, today, upon this Gospel scene. Try to find time to slowly read today's Gospel from beginning to end. Read a sentence and then close your eyes and try to imagine it. See Jesus entering the boat. Ponder the boat being an image of the Cross. See the sea as the many evils within this world. Consider the fear the disciples encountered during the storm. See yourself in that boat, waking our Lord. Listen to Him silence the waves and restore peace. Hear Him say to you about your own struggles in life: "Why are you terrified? Do you not yet have faith?" As you prayerfully meditate upon this and other Gospel passages, know that God will speak to you and reveal to you the meaning that He wishes to communicate to you today.

- Do I trust and believe in Jesus?
- Do I allow the world's fears to overwhelm me?
- Can I allow my heart and mind to be calmed knowing that Christ is ever-present, even in time of storms?

My sleeping Lord, as I endure the many storms of life, may I always have faith in the saving power of Your Cross and Resurrection. May I always call upon You to calm the storms and hear You speak to me the many truths I need to hear. Jesus, I trust in You. mycatholiclife



TWELFTH SUNDAY in ORDINARY TIME

First Reading: Job 38:1, 8-11 (JB) A reading from the book of Job Here I have set the boundaries of the sea.

From the heart of the tempest the Lord gave Job his answer. He said: Who pent up the sea behind closed doors when it leapt tumultuous out of the womb, when I wrapped it in a robe of mist and made black clouds its swaddling bands; when I marked the bounds it was not to cross and made it fast with a bolted gate? Come thus far, I said, and no farther; here your proud waves shall break.

The word of the Lord. Thanks be to God.

Responsorial Psalm:

R. Give thanks to the Lord, his love is everlasting.

Second Reading: 2 Corinthians 5:14-17 (JB)

A reading from the second letter of St Paul to the Corinthians All things are made new.

The love of Christ overwhelms us when we reflect that if one man has died for all, then all men should be dead; and the reason he died for all was so that living men should live no longer for themselves, but for him who died and was raised to life for them.

From now onwards, therefore, we do not judge anyone by the standards of the flesh. Even if we did once know Christ in the flesh, that is not how we know him now. And for anyone who is in Christ, there is a new creation; the old creation has gone, and now the new one is here.

The word of the Lord. Thanks be to God.

Gospel Acclamation

Alleluia, alleluia! A great prophet has appeared among us: God has visited his people. Alleluia!

GOSPEL: Mark 4:35-41 (JB)

A reading from the holy Gospel according to Mark Who can this be? Even the wind and the sea obey him.

With the coming of evening, Jesus said to his disciples, 'Let us

cross over to the other side.' And leaving the crowd behind they took him, just as he was, in the boat; and there were other boats with him. Then it began to blow a gale and the waves were breaking into the boat so that it was almost swamped. But he was in the stern, his head on the cushion, asleep. They woke him and said to him, 'Master, do you not care? We are going down!' And he woke up and rebuked the wind and said to the sea, 'Quiet now! Be calm!' And the wind dropped, and all was calm again. Then he said to them, 'Why are you so frightened? How is it that you have no faith?' They were filled with awe and said to one another, 'Who can this be? Even the wind and the sea obey him.'

The Gospel of the Lord. Praise to you, Lord Jesus Christ.











GOSPEL REFLECTION Sunday, June 23 Job 38:1, 8-11 Psalm 107:23-26, 28-31 2 Corinthians 5:14-17 Mark 4:35-41

Who then is this whom even wind and sea obey? (Mark 4:41)

It wasn't an unreasonable question for the disciples to ask. They had been with Jesus and seen him perform healings, teach crowds of people, even dispute with religious leaders. But they had *never* seen anything like this! Sure, as fishermen they knew how to survive violent squalls on the Sea of Galilee. But never had anyone done it by calming the wind and the waves with a command!

The disciples' question is a good one for you to ask as well. Scriptural answers can help you not only recognize but also proclaim the power and goodness of the Lord.

Who is this? He is the Word of God, who was at the Father's side from the beginning, the One through whom all things came to be (John 1:2-3). He was an active participant when the Father created everything. He is just as involved in your life.

Who is this? He is the same God as the One who "shut within doors the sea" and "set limits for it" (Job 38:8, 10). Since he created all things, he has authority over those created things. Nothing is beyond his control, not even the greatest challenge you may be facing today.

Who is this? He is the One who, today's responsorial psalm tells us, "hushed the storm to a gentle breeze" (107:29). He can bring peace to the turmoil in nature, and he can do the same for the turmoil in your own heart.

Who is this? He is the One whose word goes forth and accomplishes his purposes and plans in this world (Isaiah 55:11). He spoke, and all things came into being. His word has the same power in your life, the power to bring the healing, forgiveness, and peace that he proclaims.

Who is this? This is Jesus, eternal Son of the Father, who creates and sustains all things (Colossians 1:16-17). He holds all of creation together. And he holds you and your loved ones as well.

"Jesus, I praise you, for through your word, you show me who you are-the all-powerful God!"

Source: Word Among Us India

	LITURGICAL FEASTS AND EVENTS OF THE WEEK					
JUNE						
Monday 24	Readings: Is 49:1-6, Acts 13:22-26, Lk 1:57-66,80. R: I praise you for I am wonderfully made. NATIVITY of ST JOHN THE BAPTIST					
Tuesday 25	Readings: 2 Kg 19:9-11,14-21,31-36. Mt 7:6, 12-14. R: God upholds his city for ever.					
Wednesday 26	Readings: 2 Kg 22:8-13, 23:1-3. Mt 7:15-20. R: Teach me the way of your decrees, O Lord. <i>St Josemaria Escriva, priest</i>					
Thursday 27	Readings: 2 Kg 24:8-17. Mt 7:21-29. R: For the glory of your name, O Lord, deliver us. <i>St Cyril of Alexandria, bishop, doctor</i>					
Friday 28	Readings: 2 Kg 25:1-12. Mt 8:1-4. R: Let my tongue be silenced, if I ever forget you! <i>St Irenaeus, bishop, martyr.</i>	As long as anyone has the mean of doing good to his neighbour and does not do so, he shall be reckoned				
Saturday 29	Readings: Acts 12:1-11. 2 Tim 4:6-8, 17-18 Mt 16:13-19. R: The Lord set me free from all my fears. STS PETER AND PAUL, apostles	a stranger to the love of the Lord. St Irenaeus of Lyons (c 135 - c 202) Father of the Church				



POPE FRANCIS' PRAYER INTENTION FOR JUNE 2024

For the pastoral care of the sick

We pray that the Sacrament of the Anointing of the Sick confer to those who receive it and their loved ones the power of the Lord and become ever more a visible sign of compassion and hope for all.

PARISH NOTICES

- The next roster is now available please pick up from sacristy with your name on it.
- Planned giving envelopes for 2024/2025 are ready to be picked up. They are on the front pew of the church.

Parish Office: 9653 2312 (Mondays & Fridays)



Our Lady of Fatima FEAST DAY

St Benedict's Parish, 12:30pm Sunday 13 October 2024

Invitation to children to take part in the Fatima Play, which will be part of the Our Lady of Fatima Feast Day.

Please phone 0438 521 421 for further details.

CRAFT GROUP



The quilting group will meet every 4th Tuesday of the month at 10.30am in the parish meeting room.

PARISHIONERS BUSINESSES BOOKLET

We are considering creating a booklet featuring parishioners who run their own businesses or trades.

Our aim is to showcase their enterprises and make the booklet accessible within the parish community, encouraging support for their endeavours.

To include your business or trade in the booklet, kindly email us at: **arcadia.parish@bbcatholic.org.au** *Parish Office:* 9653 2312

ST BENEDICT'S FEAST DAY

Sunday 14th July 9am

Please join us to celebrate St Benedict's Feast day on Sunday 14th July Mass at 9am followed by Barbecue, jumping castle, Piety stall, sweets, coffee and tea from 10am to 12pm.

PLEASE NOTE: 10.30am Mass is cancelled that day due to the feast day.

VINNIES WINTER APPEAL 2024

Donations of non-perishable food and sleeping bags being accepted to help those who are struggling this year.

Envelopes for donations are on the pews. Thank you for your support!

GCEA SPRING DINNER

Saturday 14 September, 2024 6pm—10pm At the Galston Club

It's just 12 weeks to our GCEA Spring Dinner.

We are anticipating it to be a huge event this year so book early.

Here is the link to book your tickets: <u>https://events.humanitix.com/gcea-spring-dinner-</u>2024

Our focus this year is on SRE teachers and the needs for schools in our local area.

The GCEA is our primary focus with Paul El-Chaar, our teacher at Galston High School, but we see the importance of SRE in all schools.

There will be a silent auction on the night. Come and support this ministry.

UNLOCKING THE MYSTERY OF THE BIBLE -THE BIBLE TIMELINE CHART

Presenter: Charbel Raish Duration: 8 weeks Start date: Thursday, 8th Oct Time: 7pm Location: Middle Dural Price: free Please message Tania on 0401597278 if you would like to attend or know anyone who will be interested.

In Our Parish

(please let us know if you would like someone added here)

We welcome into God's family, all who were recently baptised.

We pray for the sick of our Parish, especially Sam Musumeci, Brother Mario, Father Alberic & Brother Terry.

We remember in our prayers all our dearly beloved who have died, especially Lyla Abood whose anniversary is this week. *May they rest in Peace.*



VOLUNTEER OF THE WEEK!

This week volunteer of the week nomination goes to:



Natasha Steele

Thank you for helping with readings, your singing and Saturday night PowerPoints. God bless you in all you do for our parish!

Who would you like to nominate for next week's volunteer?

NEXT SACRAMENTAL PROGRAM ENROLMENTS NOW OPEN

Our next Sacramental Program enrolments is now open, for students in year 3 commencing with Confirmation. Confirmation sessions will be in August 2024. Confirmation Service will be on September 12th 2024. Reconciliation and Holy Communion will be held next year in 2025.

Enrolment forms are now available in the sacristy or if you would it to be emailed to you send an email to arcadia.parish@bigpond.com and we will email you the enrolment form.

For more information contact Paula on 9653 2312 (Mondays & Fridays).



The next MEN'S MEET AND GREET is on Monday the 1st July 2024, 7.30pm to 8.30pm.

Please join us for an hour for men of different ages for an informal opportunity to get together, communicate and share thoughts of current views in a relaxed environment, free of judgement, supporting connection and meeting other like-minded men from our community.

Mark the date in your calendar and join us!

Contact Mirko for more information on 0409 678 780.

CCC PRAYER GROUP

Prayer meeting held every Wednesday morning: after 9.30am Mass. Everyone welcome. Come and meet new people and have a cuppa! For more details call Mary Camilleri on 0403 116 987.

CATECHISTS' NEWS

Term 2 is quickly coming to an end. Last day of term is Friday 5th July.

Free training is available to Catechists with full Authorisation – Level 1 Training "Prayer in the Classroom" on Wednesday 24th July via Zoom in the evening 6.15pm-8.30pm.

RSVP registrations@bbcatholic.org.au

Free course for all Catechists, family or friends, Level 3 Training "The Psalms" being held over 12 weeks, starting on Friday 26 July at 10am via Zoom.

RSVP registrations@bbcatholic.org.au

Helpers and part time Catechists are welcome, to assist when Catechists are away. If you are interested to learn more about the ministry of being a Catechist, please talk to one of our priests or contact me.

God bless,

Miriam Brown <u>srearcadia@gmail.com</u> Parish Catechist Co-Ordinator



ST BENEDICT'S MAKER'S TABLE

The Maker's Table is a special place where women gather to create, make, craft, pray, listen, share gifts, stories and know-how. A place to create beautiful things. A place to listen, build relationships and cultivate community.

Workshops are held on the first Wednesday of the month 7.30pm to 9.30pm at the parish meeting room.



themakerstablesydney@gmail.com Martine 0458-533-250 Nerida 0425-834-017 <u>www.themakerstable.org</u> at St Benedict's Church hall 2 Fagans Rd, Arcadia.

ST BENEDICT'S YOUTH GROUP

Come join our St Benedict's Youth group for **8-12yr** olds will be held every Friday during school term only. 4pm to 5.30pm.

To register your child either just turn up on the afternoon or email the parish: arcadia.parish@bigpond.com

Volunteers aged 14-16yrs who would like to assist us please email the parish office. Our youth leaders all have Working With Children Checks.



Thank you, Gabe & Jules!

ITALIAN ROSARY GROUP

Every Monday 2.00pm. Everyone welcome.



For more details call Angela Egiziano on 9652 1358.

SAINT OF THE WEEK

SAINT CYRIL OF ALEXANDRIA, BISHOP AND DOCTOR Feast Day: June 27

C. 371 - 444

Patron Saint of Alexandria, Egypt

Reflection: After Jesus' life, death, and resurrection, it is believed that Saint Mark, the Evangelist and Gospel writer, preached in Alexandria, Egypt, thus establishing the Christian faith in that city. Alexandria, founded in 331 BC by Alexander the Great, was situated on the northern edge of Africa, along the coast of the Mediterranean Sea. This strategic location rapidly turned it into an important trade center for Egypt, as well as a renowned hub for science, the arts, and learning. In 30 BC, Alexandria became a province of the Roman Empire, a status it would maintain for the next 700 years.

Christianity was legalized in the Roman Empire by Constantine the Great in 313. After that, major centers of Christian learning, such as Rome, Jerusalem, Antioch, Constantinople, and Alexandria became the stage for intense debates and developments in theology. Notably, these debates often revolved around Christ's divine and human natures, His relationship with the Father and the Holy Spirit, and the appropriate title for the Blessed Virgin Mary. The outcomes of these debates provided the Church with a clear and foundational understanding of faith, which continues to deepen and evolve even today.

The fourth century saw the emergence of the Arian heresy, which taught that the Son was subordinate to the Father and not co-eternal. Saint Athanasius, then Bishop of Alexandria, tirelessly fought this heresy, enduring years of exile as a result. After the defeat of Arianism, other heresies surfaced. Fifty years after Athanasius' death, Bishop Cyril of Alexandria would battle Nestorianism.

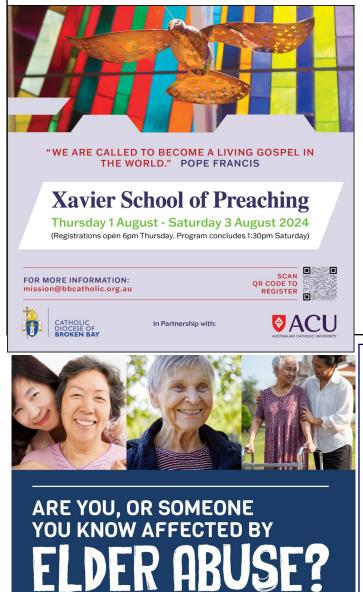
Cyril was born in the town of Theodosius, about eighty-five miles east of Alexandria. Given its proximity to Alexandria, Theodosius shared in the rich Greco-Roman culture and learning. Its close location to the Nile Delta also meant that farming and fishing were common activities. As a youth, Cyril's uncle, Theophilus, the Patriarch of Alexandria, ensured that Cyril received an excellent education in theology, philosophy, rhetoric, and science. However, his uncle was a controversial figure in the Church. Less of an intellectual and more of a politician, Theophilus was power-hungry, harsh, often antagonizing Jews and pagans, and was known for stirring up controversy and violence. He was even responsible for deposing Saint John Chrysostom as Patriarch of Constantinople.

Around the year 412, Cyril succeeded his uncle as Patriarch, quickly discovering the challenge of following in his controversial footsteps. After a group of violent monks murdered a prominent pagan philosopher, astronomer, and mathematician, Cyril was blamed, despite his lack of involvement. Being the nephew of Patriarch Theophilus had its drawbacks, and Cyril proceeded in his ministry with caution. He eventually moved out of the shadow of his uncle, establishing himself to be an intelligent and faithful servant of God and His Church. He began to write Scripture commentaries with theological precision, especially when it came to the nature of Christ, addressing the various heresies of the time. Within a decade of being a bishop, Cyril had established the reputation of being a trustworthy and articulate teacher of the faith.

In 428, the emperor appointed Nestorius as Patriarch of Constantinople. Shortly afterward, Patriarch Nestorius assigned a priest from Antioch to preach throughout Constantinople. The priest began challenging the widely accepted notion that Mary was rightly called the Mother of God (*Theotokos*), suggesting instead she should only be referred to as the Mother of Christ (*Christotokos*). This proclamation stirred controversy among the faithful in Constantinople, and news quickly spread across the empire, eventually reaching Patriarch Cyril, over 1,000 miles away in Alexandria.

Cyril vehemently disagreed with this new heresy, which later became known as Nestorianism. He began to preach and teach against it among his own people, clarifying that Mary was rightfully termed the Mother of God. He explained that this title was not solely about the Blessed Mother, but also about the essence of Christ. If Mary wasn't the Mother of God, then Christ's essence was divided. Nestorianism proposed that Jesus was a divine person somehow united with a distinct human person, and Mary was only the mother of His humanity. Cyril corrected this misinterpretation, emphasizing that there was only one Person in Christ, both human and divine. This made Mary not only the mother of her human Son but also the mother of His personhood, thereby justifying her title as the Mother of God. After teaching his people, Cyril wrote private letters to Nestorius to correct him. Nestorius rejected the correction. Consequently, Cyril broadened his correspondence, involving other bishops, members of the emperor's court, and the pope in Rome. This pleased the faithful in Constantinople but enraged Nestorius. The pope investigated and authorized Cyril to deal with Nestorius with the pope's authority.

In 431, the Roman emperor felt the need to intervene and called a Church Council in Ephesus to settle the dispute. Ephesian Christians were known for their devotion to the Mother of God, partly due to the deeply held tradition that Mary had settled in Ephesus later in life with Saint John. Thus, the council's location signaled the emperor's opposition to Nestorius. Once many of the bishops from across the empire had gathered, but before Nestorius and his supporters arrived, Cyril opened the council. He took the lead and eloquently articulated his position, which was consistent with the teachings of earlier Church Fathers. The bishops present at the council accepted his explanation and voted to condemn Nestorius. On arrival, Nestorius and his supporters were outraged that the council had proceeded without them. In retaliation, they held their own meeting, voted in opposition, and attempted to depose Cyril. When the emperor heard of this, his representative attempted to resolve the dispute by jailing both Nestorius and Cyril to force an agreement. Eventually, however, the emperor sided with Cyril, due to his popular support among the people. When Nestorius refused to accept this position, he was exiled to the Egyptian desert.





NSW AGEING & DISABILITY HELPLINE 1800 628 221

CatholicCare



Upon returning to Alexandria, Cyril continued to write and teach. Later generations conferred upon him the titles "Guardian of Exactitude" and "Seal of the Fathers," for he successfully synthesized the teachings of the Church Fathers who preceded him, applying those teachings to the present disputes. As we honor him today, ponder the significance of precision in your faith. Without precision that is consistent with all that has been taught before us, we risk failing to fully understand Christ. Reflect on your commitment to a deep and clear understanding of God and our faith, and reaffirm your fidelity to the truth.

Prayer: Saint Cyril, you were courageous, firm, and exact in your fidelity to the truth. You placed your gifts at the service of Christ and His Church, and edified the faith of the people of God. Please pray for me, that I will always remain steadfast in my fidelity to the truth, even to the minutest degree, so that I will more fully know and love our Lord, His Blessed Mother, and our one, holy, catholic, and apostolic faith. Saint Cyril of Alexandria, pray for me. Jesus, I trust in You.

A CATHOLIC RESPONSE TO DOMESTIC VIOLENCE

A video called "A Catholic Response to Violence" with Bishop Anthony can be viewed on the Diocese website at <u>A Catholic Response to Domestic</u> <u>Violence - Catholic Diocese of Broken Bay</u> (bbcatholic.org.au) where other resources, including a booklet, are also available.

The theme for Safeguarding Awareness 2024 is The Voice of the Vulnerable and Bishop Anthony wants a particular focus on domestic family violence, which affects women, children, and men across our communities.

While a number of helplines are identified in the video and booklet, below are some of the key ones"

- 1800 RESPECT (1800 737 732) 24-hour 7 day a week service for advice and support
- 131 450 for non-English speakers and ask them to ring:

RESPECT CATHOLICCARE BROKEN BAY:

- Central Coast: 1800 324 924
- Northern Beaches: 1800 324 924
- Naremburn: 1800 324 924
- Waitara: 1800 324 924

MEN'S REFERRAL SERVICE: 1300 766 491 The video is also available on our <u>Youtube channel</u>.

Parish Roster PLEASE JOIN US FOR MORNING TEA AFTER THE 9AM MASS

NEXT WEEKEND'S ROSTER

29/6/2024 to 30/6/2024 13TH SUNDAY IN ORDINARY TIME - YEAR B

	Saturday 7.00pm	Sunday 9.00am	Sunday 10.30am			
	7.00pm	5.00411	10.50am			
Acolyte		Lorraine D	George A			
Reader1	Miriam B	Melanie H	Matt W			
Reader2	Sr Carol T	Peter G	Gabrielle W			
Prayers	Miriam B	Kath M	Eva F			
тv		Azzi family	Sebastian W			
Music		Rebecca R	Melanie H			
Music		Theresa N	Keith W			
Music		Pauline H	Don R			
Music		Teresa G				
Morning Tea		Tania T				
FLOWERS	Angela S					



Thank you to all our volunteers, we really appreciate it!

If anyone would like to join our parish roster please contact the parish office.

SUPPORT ST BENEDICT'S PARISH

ARE YOU CONSIDERING SELLING YOUR PROPERTY

We are delighted to introduce Gavan Kohen, Sales Director at Ray White Dural, a proud member of the Parish of St Benedict's.

Gavan is generously offering to support our parish by donating a portion of his commission from any sale referred by our parishioners. Thank you Gavan, we appreciate your kind gesture.

For any real estate enquiries, please contact Gavan Kohen on 0414 911 070.

MAKE A DIFFERENCE WITH CARITAS AUSTRALIA

Do you feel called to help with the healing of a broken world?

Caritas Australia is looking for a special person in the diocese of Broken Bay to help carry the message of a faith that does justice to our schools, parishes and communities.

You will be part of a vibrant team that is active in every diocese in Australia. You will be supported and meet some terrific colleagues. You will be helping the lives of some of the most marginal members of the human family.

The work is part-time, flexible and immensely rewarding.

Please send an expression of interest to <u>dominic.smith@caritas.org.au</u>

ACKNOWLEDGMENT

We acknowledge the Traditional Owners of country throughout Australia and recognise their continuing connection to land, waters and culture. We pay our respects to their Elders past, present and emerging.

SAFEGUARDING MISSION STATEMENT

We the people of St Benedict's Parish are committed to fostering a community of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.

If you have a concern for the safety and wellbeing of a child, young person or vulnerable adult, tell someone who can help. These people in our parish can help:

Fr Shansana 0437 884 233 - Lorraine Dailey 0416 081 882 - Office for Safeguarding 8379 1605.

PARISH OFF	Website: Facebook:	www.bbcatholic.org.au/arcadia stbenedictsarcadia		
Parish Office: Email:	, 02 9653 2312 arcadia.parish@bbcatholic.org.au	MONASTERY:	9653 1159	Facebook
Parish Priest: Email: After hours:	Fr Shansana Samarasinghe OSB sanshanasamarasinghe@yahoo.com 0437 884 233	BANK DETAILS for ONLINE only donations: BSB: 062 784 Account: 100002141 Account Name: Catholic Parish of Arcadia Bank: CBA—Catholic Development Fund		
Address: Postal address:	2 Fagans Road, Arcadia NSW 2159 121 Arcadia Rd, Arcadia NSW 2159	and Safeguardi	occupational Health & ng Children matters fon 0416 081 882.	-